



# WELCOME!



## North Grenville Integrated Community Trails Strategy

Made possible by the generous support of the Ontario Ministry of Health Promotion, the Municipality of North Grenville is commencing a study to develop an **Integrated Community Trail Strategy**. The strategy will build upon our community's successful 2006 initiative celebrating Kemptville's 150th anniversary: "150 Kilometres of Trails".

Trails that are safe, attractive and accessible for users of all ages will enhance the quality of life unique to North Grenville by encouraging physical activity, and connecting residents and visitors alike to our communities and its places. The strategy will include a plan to guide future development and construction of trails, study how to build and maintain high-quality trails, and establish trail usage and design guidelines.

February 13, 2011  
8:00 a.m. until 1.00 p.m.  
Sweet Heart Brunch –  
North Grenville Municipal Centre

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# WHAT IS ACTIVE TRANSPORTATION?

**Active Transportation** can be defined as any form of transportation that is “human-powered” – such as walking, running, hiking, cycling, in-line skating and skateboarding.

## Types of Active Transportation:

**Active Commuting:** which involves journeys to and from work;

**Active Workplace Travel:** which include trips during working hours such as delivering materials or attending meetings;

**Active Destination Oriented Trips:** which include trips to and from school, shopping, visiting friends and running errands; and

**Active Recreation:** which involve the use of an active transportation mode for fitness or recreational pursuits, such as hiking or cycling.



# WHAT IS A COMMUNITY TRAILS STRATEGY?

A **Community Trails Strategy** is a long-range plan that integrates infrastructure requirements for existing and future land use within environmental assessment principles. These plans examine the entire infrastructure system as a group of related projects, or an overall system, in order to strategically plan out the future needs of the Municipality of North Grenville.

# STUDY VISION, OBJECTIVES AND GOALS

The **vision** for North Grenville's Integrated Community Trail Strategy is to develop a well **connected** system of trails that will provide **residents and visitors** with the opportunity to engage in active **healthy lifestyles**, **travel** to key destinations and **experience** nature.



## GOALS AND OBJECTIVES

- **Build upon the existing North Grenville trail system** which links together '150 Kilometres of Trails', urban streets, rural roads and waterways by developing a user-friendly trail network.
- Develop promotional and educational materials to **attract residents and visitors to the trails of North Grenville.**
- Develop a set of policies for trail development, uses, location, and implementation.
- **Consult with the public** on trail development, particularly during implementation.

# EXISTING POLICY AND INITIATIVES

## LOCAL:

### **Municipality of North Grenville, Official Plan (2009)**

- Encourage the development of trails facilities to reduce dependence on the personal automobile, increase economic activity and promote trail tourism.
- Recognize future growth as an opportunity to enhance the trails network.
- Improve/Establish Transportation Strategy, Pedestrian, Cycling and Accessibility Policies.
- United Counties of Leeds & Grenville (UCLG), Leeds, Grenville and Lanark District Health Unit (LGLDHU), Community Living North Grenville (CLNG), Leeds, Grenville Youth Wellness Center (LGYWC), the City of Ottawa, others.

## PROVINCIAL:

### **Province of Ontario, Bill 51 – Planning Reform**

- Promotes intensification, sustainable development and protection of green space by giving municipalities greater powers, flexibility and tools to use land, resources and infrastructure more efficiently.
- Ontario Trails Council (OTC), Ministry of Health, Municipal Act, Ontario Federation of Trail Riders (OFTR), Ontario Federation of Snowmobile Clubs (OFSC).

## FEDERAL:

### **Transport Canada, “Strategies for Sustainable Transportation Planning: A Review of Practices and Options” (2005)**

- Supports compact, mixed-use pedestrian/bicycle friendly communities.
- Recognizes public health benefits of enhanced active transportation facilities.

## OTHER:

- The Federation of Canadian Municipalities (FCM), National Trails Coalition (NTC), International Mountain Biking Association Canada (IMBA), ATV clubs.



# BENEFITS OF TRAILS



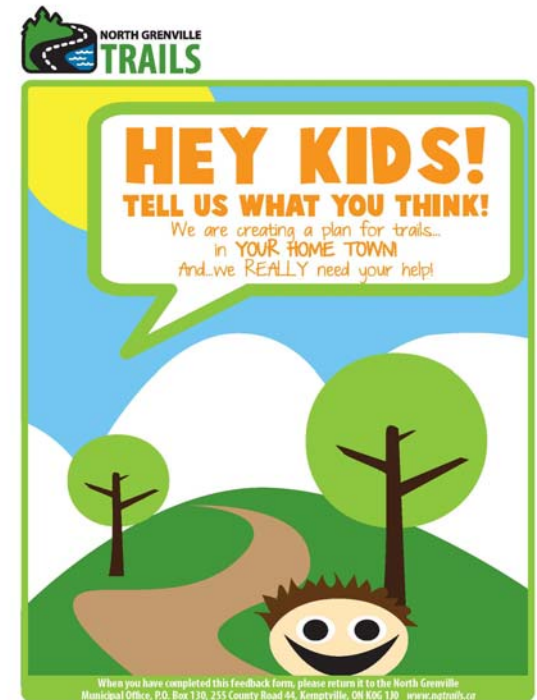
- Provide opportunities for informal, active recreation close to home, which results in numerous personal benefits.
  - Psychological (better mental health).
  - Psychophysiological (reduced stress and cardiovascular benefits).
- Supports tourism and local economic development.
- Accessible, affordable recreation opportunities to a wide range of individuals regardless of socioeconomic status.
- By-product of trails is improved self-image and social relationships, reduced crime, a livelier community atmosphere and a lifestyle which encourages young people to find their entertainment in healthier and more wholesome ways.
- Local Trail Organizations: Eastern Ontario Trail Alliance (EOTA), Bytown Motorcycle Association (BMA), Waterfront Trail and Rideau Trails Association (RTA).

# WHAT TYPE OF ACTIVITIES DO YOU ENGAGE IN WHEN USING TRAILS?

Walking? Bicycling? In-line Skating? Cross Country Skiing? Snowshoeing? Snowmobiling? ATV-ing? **Other?**

**Ecological?** Trails provide personal interactions with vegetation, geology and wildlife with activities such as hiking, nature hunts, snowshoeing and more.

**Educational?** Experiences characterized by cultural and historical sites which allow exposure to historical information.



# ACTIVE TRANSPORTATION ROUTE SELECTION PRINCIPLES

**Safety:** Reducing risks to users and providing facilities that support active transportation and trail use will be key considerations when selecting routes for the North Grenville network.

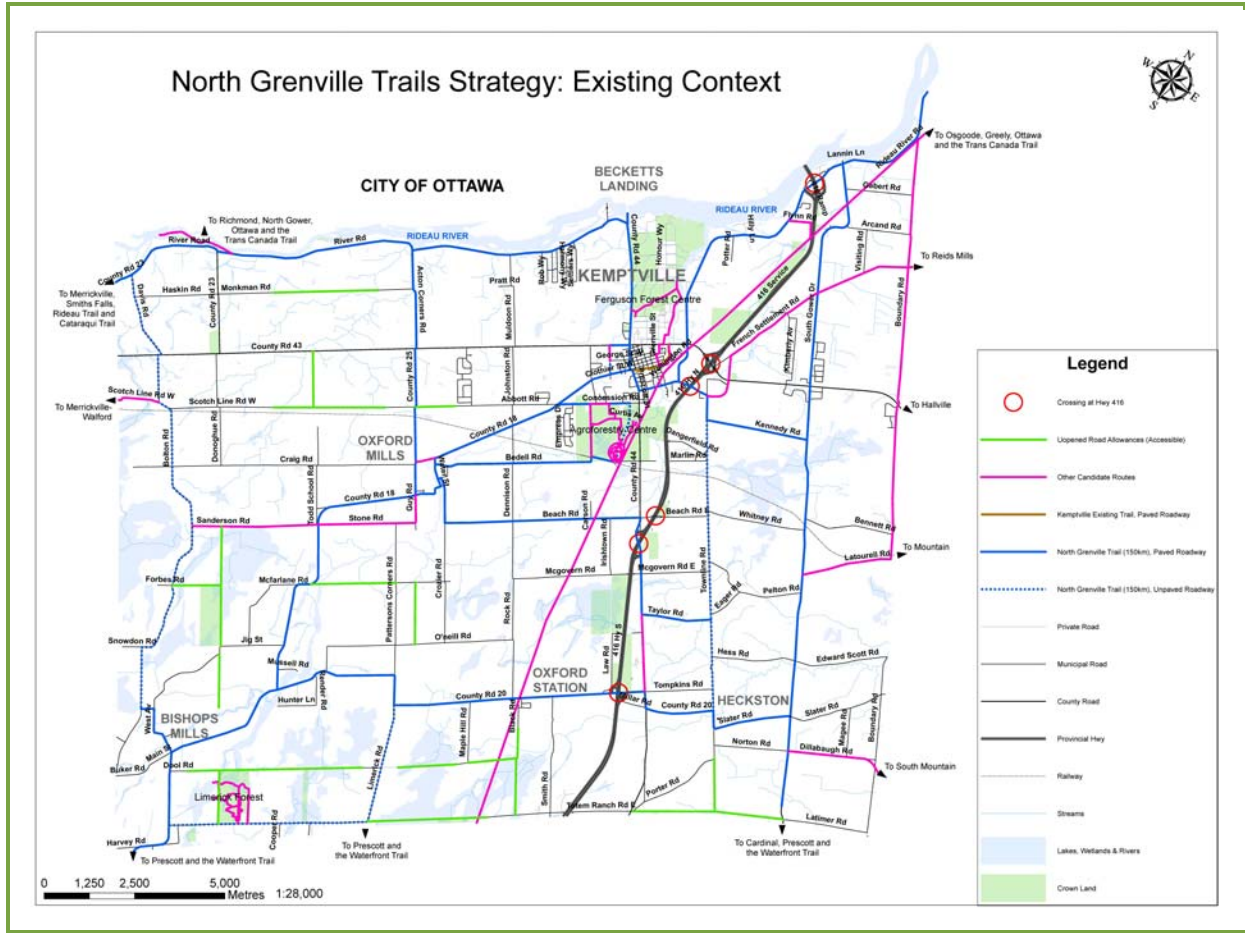
**Visible:** The route should be a visible component of the transportation and trail system. They should be well marked so that they are easily recognizable and visible by active transportation users and motorists.

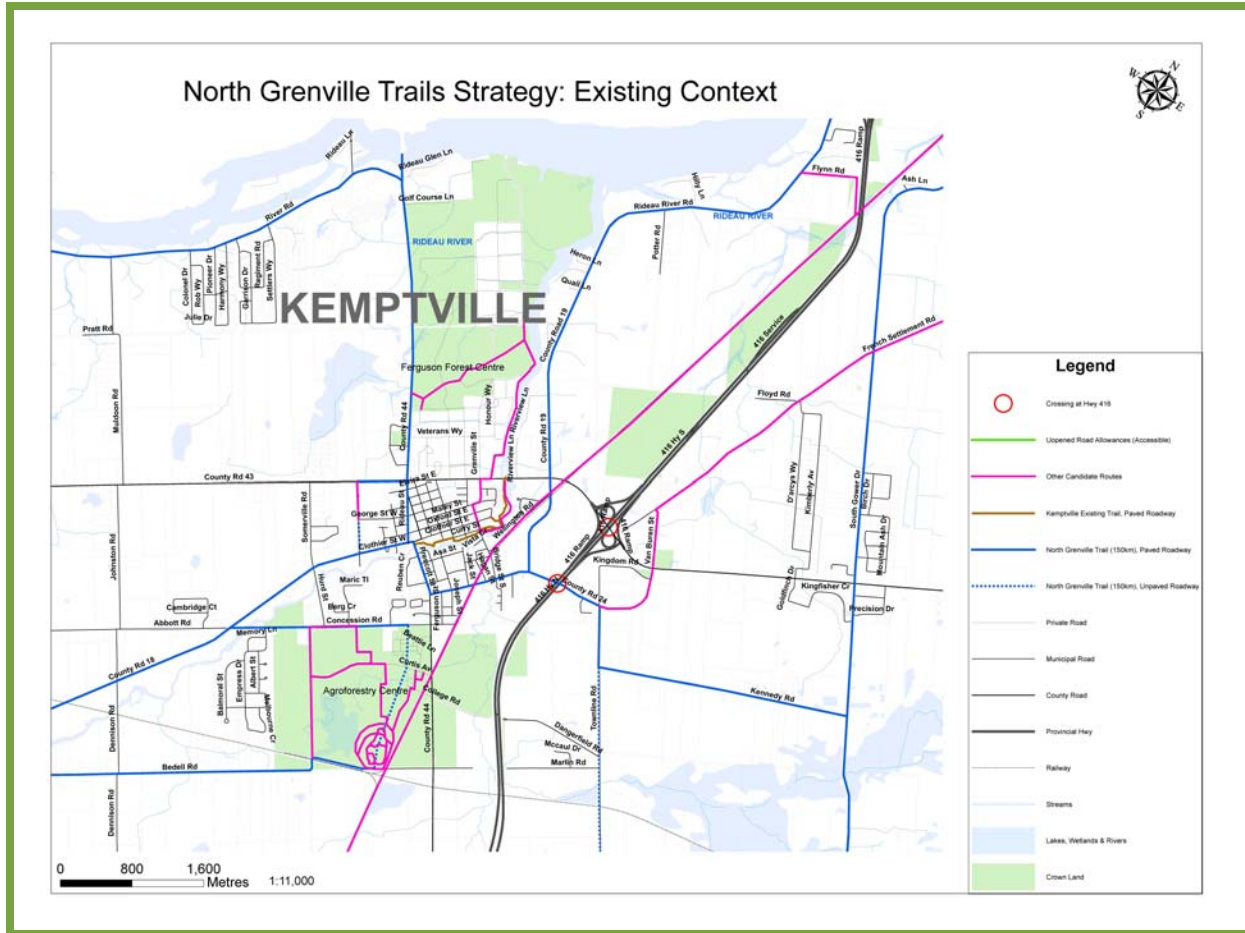
**Destination Oriented:** Active transportation routes should provide access to major destinations in North Grenville including but not limited to Kemptville District Hospital, University of Guelph Kemptville Campus, Ferguson Forest Centre, and downtown Kemptville.

**Attractive and Scenic:** Active transportation routes should take advantage of attractive and scenic areas, views and vistas.

**Connected:** All routes should be connected to form an overall network that supports connections between existing and planned neighbourhoods, different land uses, and beyond municipal boundaries to North Grenville's neighbours.







## NEXT STEPS

- Review the public input after today's Public Open House;
- Review Stakeholder and Agency input;
- Review Online Survey Results (*visit us @ [www.ngtrails.ca](http://www.ngtrails.ca)*)
- Refine Draft Route Network (may require additional fieldwork);
- Develop Implementation Strategy and Costing for the Network;
- Complete Draft Study Report and review with the Steering Committee; and
- Present at final Public Open House

## HOW TO GET INVOLVED...

- Participate in the Online Survey at [www.surveymonkey.com/NorthGrenvilleTrailsStrategy](http://www.surveymonkey.com/NorthGrenvilleTrailsStrategy)
- Visit the project website at [www.ngtrails.ca](http://www.ngtrails.ca)
- Fill out a comment form, visit us online, or contact us directly.