

ISSUE 01
FEBRUARY
2011

NORTH GRENVILLE

TRAIL NEWS

www.ngtrails.ca



A PLAN FOR THE COMMUNITY

Building upon the 150 Kilometres of Trails initiative, North Grenville is developing an Integrated Community Trails Strategy which will be the blue-print for trails development, management and promotion over the next 20 years. The goal is to create a high quality, multi-use community trail system for the broadest range of trail users that will encourage physical activity year round, promote tourism and economic development, and provide opportunities to explore nature on both land and water.

The Ministry of Health Promotion, through the Healthy Communities Fund has provided funding to undertake this project. With their generous support, we will be able to develop a strategy that will provide a plan to develop the trail infrastructure required for increased physical activity. We will also be able to develop a long-term plan to maintain the trails, continue to build the network as our community evolves and provide information and education on the benefits of having a well designed trail system in our community. The benefits will be felt for years to come.

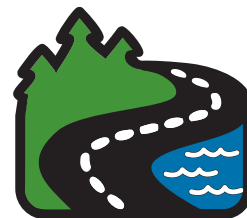
Community involvement will be the key to developing this safe, accessible and enjoyable system. We will be

holding public information sessions to collect input and feedback from the public and to provide information on the progress of the strategy. The first session will be held in the lobby of the North Grenville Municipal Centre on February 13, and the community is invited to stop by any-time between 8am and 1pm to learn more about the study and provide input into the project.

The project consulting team led by Jonathan Loschmann of MMM Group and the steering committee will be working towards developing a strategy that includes a full inventory of the existing trails and future trail expansion; trail development, signage and maintenance guidelines; trail policies; and a marketing campaign for the promotion of trails for recreation and physical activity.

TRAIL NEWS...

This is the first of a series of newsletters designed to inform you about the North Grenville Trails and the current study to develop an Integrated Community Trail Strategy for the community, building upon the 150 kilometres of trails initiative which was implemented in celebration of Kemptville's 150th Anniversary.



**NORTH GRENVILLE
TRAILS**
www.ngtrails.ca

Isn't it time you explored North Grenville?

YOU COULD WIN!

Complete our online survey by March 15, 2011 and you will automatically be entered for a chance to win one of these great prizes:



Ipod Touch (8GB) + Nike Sport Kit

Kodak C143 Digital Camera (12MP)



MIO Drive Pedometer & Heart Rate Monitor

Visit www.ngtrails.ca for more info and to respond to the survey.

February 13
8am-1pm



PUBLIC INFORMATION CENTRE

in the lobby of the North Grenville Municipal Centre

Drop by anytime between 8am and 1pm to learn more about the Integrated Community Trails Strategy and provide input and feedback to our Steering Committee.

HOW CAN YOU GET INVOLVED?

As members of the community and users of the trails, we are looking for your comments and input into the Integrated Community Trails Strategy. There are a number of ways to take part in this study.

1. Complete the on-line survey located at www.ngtrails.ca
2. Fill in form below and submit it to the Municipality
3. Come to a public information session, the first one will be held on Sunday February 13, 2011 in the lobby of the Municipal Centre (8-1pm)
4. Join our online community-“Like” North Grenville Trails on Facebook
5. Contact one of the project managers to share your input

We look forward to your participation in this exciting project!

TELL US ABOUT YOUR NORTH GRENVILLE TRAILS EXPERIENCE

What do you use the trails for, and how has your experience been?

Do you have any suggestions for improving North Grenville Trails?

Circle the demographics which best describe you:

(you may choose more than one)

- | | | | |
|-------|--------------|------|-------|
| Male | Female | | |
| Adult | Senior Adult | Teen | Child |

Do you use the trails: *(you may choose more than one)*

- | | | |
|-------|-------------|-----------|
| Alone | With Family | With Dogs |
|-------|-------------|-----------|

Is there anything else you want us to know about you?

Yes, I would like to receive email updates about the trails study!

Name: _____

Email: _____

FAMILY ADVENTURE IN ANY SEASON

*Submitted by Angela Rodger Casey,
Resident & Mom*

We love heading to the Ferguson Forest Centre to walk with our dogs. We've seen deer a few times, turtles even and so many different colours of mushrooms and fungi growing. We have a favourite tree the girls love to climb and always stop to see if we can conquer a fallen tree - even the dogs climb the ones that have fallen over. We've come out to help clean-up the trails. I have even taken a boot camp class that has had me lunging, jogging and sweating through the trees - all the while enjoying the peacefulness - I think the location is what helped me through the workouts!

Our family get-togethers always include a trip to the trails. Young and old enjoy getting out there in the fresh air and grandparents and the kids are pointing out plants and wildlife and teaching the rest of us what they've learned. What starts as a quick walk has occasionally turned into a long hike as we take 'shortcuts' on a new trail that doesn't always lead to where hope. We've come home with soaked boots when



Photo Submitted by Angela Rodger Casey

someone has tested out the ice unsuccessfully - we have also had wet shoes when we've cut across a trail only to find ourselves in the marsh. We've had dog-sleds and horses pass us by, met up with snowshoers and many others, always with a cheerful hello.

Limerick Forest is another family favourite, especially in the winter when we can take our toboggans to the 'snow bowl'. We take hot chocolate and make an afternoon of it - there have even been other

families there who have gotten bonfires and outdoor grills going for an afternoon of family fun.

Even though we live in a rural community - we don't have our own land for trails so we take full advantage of the local trails. Because of the year-round availability we have instilled a love of the outdoors in any season in our children and love spending time together as a family whenever we can.

HEY KIDS!

Visit the **KID ZONE** on our website and print a **WINTER SCAVENGER HUNT** activity sheet for a fun family hike on the trails!
www.NGTRAILS.ca



JOIN OUR ONLINE COMMUNITY!

North Grenville Trails
"Like" us on FACEBOOK!

WHAT ARE YOU WAITING FOR?

*Submitted by Megan Martin,
Recreation Department Intern*

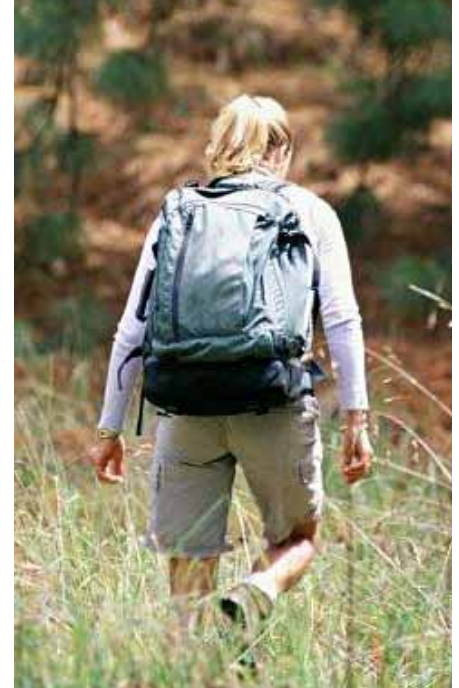
Resist the urge to hibernate indoors, as winter offers so many opportunities for family, fun and fitness! Pull on your winter gear and hit the trails for a fresh, snowy adventure! If you are not aware of the full extent of North Grenville's 150km of trails, let me tell you about some of the highlights.

Limerick Forest offers amazing trails for all kinds of trail adventures, from hiking and snowshoeing to horseback riding. It is also the perfect motor sport hot spot! Our Ferguson Forest Centre Management Trail adjoins over 300 hectares of forested Crown land. That's more than 800 acres perfect for walking, skiing, and snowshoeing along the many trails and forest roads! The Management Trail offers a 2.3 kilometre self-guided walking trail designed to further your understanding of forestry in Eastern Ontario. It takes you through a variety of both natural and planted forest types common to this part of the province. Along the way you will find a number of information stops designed to introduce you to forest management techniques. This gives you and your family a chance to venture out, explore and learn something new along the way!

More adventure awaits on the Tip-to-Tip Trail located in Burritt's Rapids. This 4 kilometre hike provides beautiful scenery for anyone looking to escape the everyday hustle and bustle of urban life. Take a relaxing stroll on this trail and experience nature's beauty at its best, from one end of the island to the other!

For families looking to have a sweet time, there is University of Guelph Kemptville Campus Agro Forestry Trail where interpretive tours and in-season demonstrations of maple syrup production are offered, as well as 300 acres of maple trees, pine trees and wetlands to discover.

Gather your loved ones for a fun filled day of exploration and learning through North Grenville Trails. However you choose to explore, bundle up and hit the trails for some frosted forest scenery, winter giggles and family memories that will last a lifetime.



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